



## Safety Concerns for Childcare Providers

### ☞ **Lifting**

- Lifting children, toys, supplies, etc.
- Frequent lifting
- Incorrect technique

### ☞ **Carrying**

- Carrying or holding children
- Carrying garbage or diaper bags

### ☞ **Reaching**

- Reaching above shoulder height (e.g. to obtain stored supplies)
- Bending or stooping to pick up objects

### ☞ **Awkward Positions**

- Sitting at child-size tables or in child-size chairs
- Awkward standing and posture
- Frequent sitting on floor with back unsupported

### ☞ **Pushing**

- Pushing or applying force to large strollers or wheeled toys

### ☞ **Repetitive Work**

- Arts and crafts
- Diaper changing

### ☞ **Sudden Load Bearing**

- Reaching for a falling object or child

### ☞ **Poor Housekeeping**

- Fall hazards (toys, supplies, etc. not put away)
- Slipping hazards (wet)
- Lack of open walkways (bumps, trips, falls)



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